ALYKA Health

GIVE THEM A HEART HEALTH SOLUTION WITH PROVEN IMPACT

You can't be with your patients all of the time. The ALYKA Heart Health app can.

By 2030, nearly half of the US population will have some form of cardiovascular disease, resulting in a total cost of $1T. Many of its risk factors, including hypertension, high cholesterol, diabetes, and prediabetes, are preventable. However, most patients only see their doctors 2 to 4 times a year, and 80% of them need ongoing support to make meaningful behavioral changes.

ALYKA is a digital extension of your office—available *24/7/365*

Support Value-Based Care and Improved Outcomes

With the rise of value-based care, you need proven solutions that integrate with existing platforms to improve patient outcomes and reduce costs.

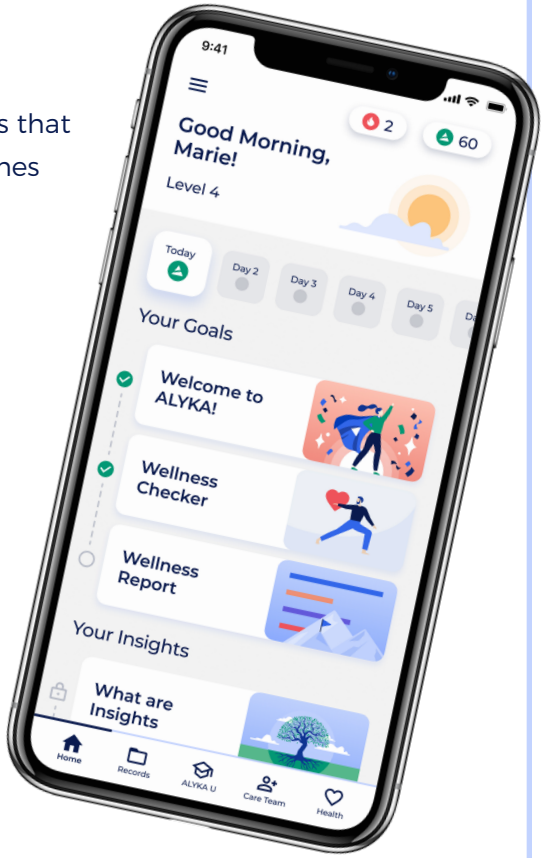
The ALYKA Health app personalizes cardiovascular support for results you can measure.

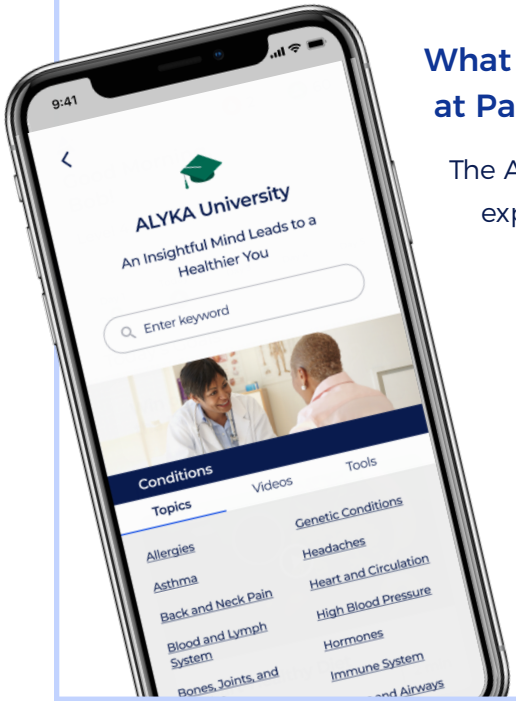
71%
PATIENT ENGAGEMENT

up to 10%
REDUCTION IN BP, LDL, AND A1C

1/3
FEWER ED VISITS & READMISSIONS

20%
REDUCTION IN PATIENT SUPPORT TASKS





What Makes ALYKA Health More Effective at Patient Engagement?

The ALYKA Health app was designed by clinical and engineering experts to fill the gaps between visits and help patients achieve improved clinical outcomes using:

- **Behavioral science-based design** that leverages proven engagement strategies from leading consumer platforms.
- **Advanced technology** that creates personalized experiences by synthesizing multiple data streams and delivering actionable insights and achievable goals.
- **Engaging digital experiences** that combine gamification and evidence-based clinical content for industry-leading engagement rates.

Providers use ALYKA Health to:

- ✔ Support population health
- ✔ Manage risk factors
- ✔ Enhance chronic care management
- ✔ Improve quality and outcome metrics

The ALYKA Health team provides:

- ✔ Dedicated account managers
- ✔ Cobranded marketing templates
- ✔ Seamless client onboarding
- ✔ Ongoing engagement reports

What Patients Are Saying

ALYKA makes it easy for me to understand and improve my health.
~ Dan C.

Gaining access to my medical information used to be a complicated process. With ALYKA, **I can retrieve my health data in under a minute and all in one place!**
~ Joanne B.

Finally, getting and **staying healthy is fun!**
~ Allie M.

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